

EXECUTIVE INTEGRAL LEADERSHIP AT KYLEMORE

2017	Tuesday September 19	Wednesday September 20	Thursday September 21	Friday September 22	After Program
Early Morning		Executive Coaching sessions begin and continue throughout the day	Executive Coaching sessions begin and continue throughout the day		
Morning		800 - 1200 Overcoming the Immunity to Change <i>Paul Matthews</i>	800 – 1200 Coherence <i>Alan Kerins</i>	800 – 1030 Spirituality in the Workplace <i>Mel Dowdy</i> Gothic Chapel 1030 – 1230 Polarities – A New Perspective <i>Mel Dowdy</i>	<i>Time for reflection, renewal, rest, and preparing to return to work.</i> <i>Accountability partner meetings on your own</i>
Lunch	1130 – 1230 Meet and Greet Lunch	1200 – 1330 Lunch Private walk or hill climb	1200 – 1330 Picnic Lunch Private tour of Kylemore Chocolate Factory	1230 – 1330 Celebratory Lunch	
Afternoon	1245 – 1400 Program Overview and Introductions <i>Mel Dowdy</i> 1415 – 1745 Intro to Leadership Assessment & Coaching Process <i>Bob Anderson</i> Kylemore Library	1330 – 1630 Developing an Integral Leadership Perspective and Project Introduction <i>Mel Dowdy</i> 1630 – 1730 Reflection/Health & Wellness Kylemore Gardens	1330 – 1500 Team Productivity: Getting Fantastic Productivity from Your People <i>Mel Dowdy</i> 1515 – 1645 Visualization <i>Kerins</i>	1330 – 1500 Transition, Project Completion, and Closing <i>Mel Dowdy</i>	
Dinner	1900 - 2030 Reception and Dinner	1800 – 1930 Reception and Farm to Table Dinner	1845 – 2200 Celebration Dinner and An Evening of Irish Music in Clifden		
Evening	2000 - 2030 Understanding the Importance of Place – a history of Kylemore <i>Sr. Maire Hickey, Abbess</i>	1930 – 2000 The Power of Words <i>Des Lally</i>			2/23/17 skc