THE INSPIRATIONAL LEADERSHIP AT KYLEMORE EXPERIENCE

The week inspires you with:

- Individual executive coaching to maximize your takeaway from a robust 360° feedback survey tool that goes beyond strengths and weaknesses; find deep insight into your behavior and motivations
- Advancing your ability to manage complexity and lead change
- Practices in personal reflection and critical thinking to reinvigorate
- Biofeedback and lifestyle practices that optimize your good health
- Hands-on application of key tools to the business challenge you will bring to the program

WHAT WILL YOU GAIN?

- Enhanced resiliency to navigate today’s increasingly complex world
- Clarity on the legacy you are creating
- Expanded ability to lead and create sustainable results in highly complex situations
- Insight into your leadership skills and capabilities
  - An action plan that is consistent with your value structure

SCHEDULE (Schedule is subject to change)

TUESDAY, OCT. 16
MORNING:
- Program Introduction
- Vertical Development
LUNCH:
- Welcome Lunch
AFTERNOON:
- Intro to 360° Leadership Assessment & Coaching
- Spirituality at Work
DINNER:
- Reception and Dinner
EVENING:
- Fireside Reflection

WEDNESDAY, OCT. 17
MORNING:
- All Executive Coaching Sessions
- Individual Business Project Introduction
LUNCH:
- Private Walk
AFTERNOON:
- A New Route to Change
- Reflection/Wellness Activity in Kylemore Gardens
DINNER:
- Reception and Farm to Table Dinner
EVENING:
- Fireside Reflection

THURSDAY, OCT. 18
MORNING:
- Coherence and Biofeedback
LUNCH:
- Kylemore Chocolate Factory Tour
AFTERNOON:
- Getting Fantastic Results from Your Team
- Making Sense of Complexity
DINNER:
- Dinner & An Evening of Irish Music

FRIDAY, OCT. 19
MORNING:
- Spirituality in Leadership
- Implementation and Transition
LUNCH:
- Celebratory Lunch
AFTERNOON:
- Closing and Certificates

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